

April 8, 2020 For immediate release

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National Guard to Conduct COVID-19 Testing in Kimball County on Thursday, April 9

The National Guard will be offering testing on Thursday, April 9 for Kimball County healthcare workers, Emergency Medical Services (EMS), fire department, and law enforcement that are showing symptoms or have had exposure. Testing will be limited to 50 and offer a point-in-time snapshot.

The testing is not intended for the general public at this time and was a resource shared with Panhandle Public Health District through the Nebraska Department of Health and Human Services. First responders are being tested through this source because they are important for community safety.

Your supervisor would have notified you if you are being tested, a roster has already been developed. Photo identification will be required. Persons that test negative today are not protected from COVID-19 exposure tomorrow.

Here's what the current totals look like in the Panhandle:

March 2-April 7, 2020

Total Tests Conducted in the Panhandle: 282

• Positive: 21

• Scotts Bluff County: Ten Cases

Three have recovered and are out of isolation

Kimball County: Ten CasesCheyenne County: One case

Kimball residents are advised to monitor their symptoms and self-quarantine if possible due to the prevalence of exposures; all residents are at high risk. For your safety, please follow these guidelines

- Monitor your symptoms: Check your temperature twice a day and monitor for sore throat, cough, shortness of breath, or diarrhea. If you experience symptoms, call your provider and self-isolate.
- Practice strict social distancing and self-quarantine, if possible.

All Panhandle residents are encouraged to Stay Home, Stay Healthy, Stay Connected. What does this mean to you?

Stay Home

- Stay home whenever possible.
- Avoid gathering in any groups.
- Do not visit or host people who do not live with you.

Stay Healthy

- Keep at least 6 feet distance from anyone you don't live with.
- Wash your hands
- Stay home if you are sick or if someone in your home is sick.

Stay Connected

- Stay in touch with friends and loved ones
- Check in on people who may be alone or need help.

Panhandle Public Health District, Region 21, 22, and 23 Emergency Management, and Scotts Bluff County Health Department are working as a unified command on this evolving situation. Essential updates will be regularly communicated to the public and community partners.

The full list of community exposure locations can be found on the PPHD website http://www.pphd.org/potential community exposure sites.html.

For the most up to date information from the CDC, visit https://www.cdc.gov/coronavirus/2019-ncov/index.html.

Panhandle Public Health District is working together to improve the health, safety, and quality of life for all who live, learn, work, and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle Community. Visit our website www.pphd.org.